



Holy Cross Lutheran Academy & Preschool

Is Peanut-Free

Acceptable snacks that meet peanut-free requirements:

Potato Chips—not Kettle
Pretzels
Most Frito-Lay items
Teddy Grahams
Nabisco Fig
Nabisco Regular Chips Ahoy
Animal crackers
Crackers—only those that have
NO nut ingredients.
Fresh fruits and vegetables
Cheese and Crackers
Cheese sticks, slices and strings
Fruit cups
Raisins
Cheese Nips
Wheat Thins
Nilla Wafers
Jell-O pudding snacks
Cottage cheese
Popcorn
Fruit snacks
Yogurt
Applesauce

Unacceptable snacks:

M&M (plain or peanut)
Lunchable— with peanut candy
Nut/Peanut Granola Bars
Nut/Peanut Trail Mix
Honey Nut Cheerios
Peanut Butter sandwich crackers
Any candy with nuts or peanuts
Baked goods from store bakeries
that have nuts or peanuts

Acceptable treats for goodie bags:

Skittles
Starburst
Tootsie rolls
Dum-dum suckers
Smarties
Nerds
Safe-T-Pops
Betty Crocker Fruit Snacks