

HOLY CROSS LUTHERAN ACADEMY

Monthly Menu - July - August

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/21 - 7/25	Breakfast: Cheerios, Sliced Apples & Milk	Breakfast: Cheese toast, tropical fruit, & Milk	Breakfast: Peaches, Pancakes, Syrup & Milk	Breakfast: Pears, Sausage & Biscuit & Milk	Breakfast: Rice Crispies Cereal, Banana & Milk
	Lunch: Diced turkey/gravy, broccoli, apricots, stuffing & Milk	Lunch: Manwiches on Bun, sliced apples, corn & Milk	Lunch: Breaded Chicken Nuggets, Peas & Carrots, Pears & Milk	Lunch: Beefaroni, Green Beans, Pineapples, Garlic Bread & Milk	Lunch: Cheese Pizza, Tossed Salad, Mandarin Oranges & Milk
	PM Snack: Mandarin Oranges & Chocolate Chip Cookies	PM Snack: peaches & graham crackers & Water	PM Snack: Pretzel Goldfish & Orange Juice	PM Snack: Bagel & Cream Cheese, Pears & Water	PM Snack: Apple Sauce & String Cheese & Water
7/28 - 8/1	Breakfast: Rice Crispies Cereal, Peaches & Milk	Breakfast: French Toast with Syrup, Apple Slices & Milk	Breakfast: English Muffin, Fruit Cocktail & Milk	Breakfast: Biscuit & Sausage, Mandarin Oranges & Milk	Breakfast: Golden Graham Cereal, Banana & Milk
	Lunch: All-Beef Hot Dog on Bun, Baked Beans, Apple Slices & Milk	Lunch: Scalloped Potatoes with Ham, Green Beans, French Bread, Apricots & Milk	Lunch: Spaghetti with meat sauce, Tossed Salad, Garlic Bread, Pears & Milk	Lunch: Chicken a la King, White Rice Sweet Peas, Applesauce & Milk	Lunch: Macaroni & Cheese, Ham, Corn, Pineapples & Milk
	PM Snack: Crackers, Cheese, Celery & Cucumbers w/dip & Water	PM Snack: Graham Crackers, Pineapples & Water	PM Snack: Vanilla Wafers & Peaches & Water	PM Snack: Animal Crackers, Applesauce & Water	PM Snack: Tortilla Chips with Salsa, Mandarin Oranges & Water
8/4 - 8/11	Breakfast: Scrambled Eggs with Toast, Pears & Milk	Breakfast: Pancakes with Syrup, Fruit Cocktail & Milk	Breakfast: Sausage, Biscuit, Mandarin Oranges & Milk	Breakfast: Cheese Toast, Pineapples & Milk	Breakfast: Cheerios cereal, Banana & Milk
	Lunch: Hamburger Patty on Bun, Baked Beans Lettuce, Tomato & Milk	Lunch: Roast Turkey with Gravy, Mixed Vegetables, Dinner Roll, Pineapples & Milk	Lunch: Beef Taco Salad, Lettuce, Tomatoes, Tortilla Chips, Apricots & Milk	Lunch: Chicken Nuggets, Baby Lime Beans, Mandarin Oranges & Milk	Lunch: Cheese Pizza, Corn, Pears & Milk
	PM Snack: Carrots, Raisins & Saltine Crackers & Water	PM Snack: Pretzels, White Grape Juice	PM Snack: Granola Bars, Applesauce & Water	PM Snack: Ritz Crackers, Cheese, Peaches & Water	PM Snack: Cheddar Goldfish, fruit cocktail & Milk
8/11 - 8/15	Breakfast: Grits, Toast & Sausage, Mandarin Oranges & Milk	Breakfast: French Toast with Syrup, Grapefruit Slices & Milk	Breakfast: Mini Bagel, Cream Cheese, Applesauce & Milk	Breakfast: English Muffin, Jam, Pears & Milk	Breakfast: Rice Crispies, Banana & Milk
	Lunch: All Beef Hot Dog on Bun, Baked Beans, Tropical Fruit & Milk	Lunch: Roast Beef, Sweet Potatoes, Green Beans, Dinner Roll & Milk	Lunch: Turkey and Cheese Sandwich, Corn, Apricots & Milk	Lunch: Beef Shepherds Pie, Mixed Vegetables, Mandarin Oranges, Wheat Roll & Milk	Hamburger on Bun, Peas & Carrots, Fruit Cocktail & Milk
	PM Snack: Tortilla Chips with Salsa, Pears & Water	PM Snack: Granola Bar & White Grape Juice	PM Snack: Graham Crackers, Applesauce & Water	PM Snack: Animal Crackers, Peaches & Water	PM Snack: String Cheese, Mandarin Oranges & Water
8/25 - 8/29	Breakfast: Scrambled Eggs with Toast, Pears & Milk	Breakfast: Cheese toast, Fruit Cocktail, & Milk	Breakfast: Sausage, Biscuit, Mandarin Oranges & Milk	Breakfast: Cheerios cereal, Banana & Milk	Breakfast: French Toast, Syrup, Peaches & Milk
	Lunch: Chicken with Rice, Tossed Salad, Pineapples & Milk	Lunch: Hamburger on Bun, Corn, Sliced Apples & Milk	Lunch: Macaroni & Cheese, Ham, Mixed Vegetables, Pineapple & Milk	Lunch: Roast Turkey with Gravy, Mixed Vegetables, Dinner Roll, Tropical Fruit & Milk	Lunch: Cheese Pizza, Tossed Salad, Pears & Milk
	PM Snack: Tortilla Chips with Salsa, Apple Juice & Water	PM Snack: Graham Crackers, Peaches & Water	PM Snack: Pretzels, Orange Juice	PM Snack: Granola Bar, Apricots & Water	PM Snack: Animal Crackers, Applesauce & Water
9/1 - 9/5	Breakfast: Scrambled Eggs with Toast, Pears & Milk	Breakfast: Sausage, biscuit, peaches & Milk	Breakfast: French Toast with Syrup, Apricots & Milk	Breakfast: Cheerios cereal, Banana & Milk	Breakfast: English Muffin, Jam, Mandarin Oranges & Milk
	Lunch: Chicken with Rice, Tossed Salad, Pineapples & Milk	Lunch: Grilled Cheese sandwich, Peas & Carrots, Pears & Milk	Lunch: Meat-loaf, Mashed Potatoes & Gravy, Green Beans, Dinner Roll & Milk	Lunch: Macaroni & Cheese, Ham, Mixed Vegetables Peaches & Milk	Lunch: Breaded Chicken Nuggets, Corn, Tropical Fruit & Milk
	PM Snack: Tortilla Chips with Salsa & Apple Juice	PM Snack: Carrot Sticks with Ranch dip, Crackers & Water	PM Snack: Graham Crackers, Applesauce & Water	PM Snack: Vanilla Wafers & Orange Juice	PM Snack: Granola Bar, Apricots & Water